

**LUNCH THYME: Mon-Fri 11am-3pm**

**519-915-2279**

**100 Ouellette Ave**

**Welcome to Thyme Kitchen!**

*Our menu is chef driven, locally inspired and proud to be in the heart of Windsor. Please allow a few extra minutes for service, as everything is made in house.*

**Salads**

**House Salad V+ GF**

greens / blueberries / cucumber / sunflower seeds / white balsamic vinaigrette **12**

**Greek Salad V GF**

greens / avocado/ tomatoes / charred olives / cucumbers / red onions / feta / oregano vinaigrette / **15**

**Farmers Cobb Salad GF**

greens / chicken breast / smoked bacon / hard egg / feta / avocado / cucumber / tomato / red onion / red wine vinaigrette **17**

**Southwest Cobb Salad V+ GF**

greens / crispy tofu / avocado / grilled corn / cucumber / tomato / black beans / red onion / chipotle ranch / corn chips **17**

**Buddha Bowl Salad V+ GF**

spinach / red wine vinaigrette / roasted portobello mushroom / white bean hummus / tomatoes / pickled cabbage / edamame / cucumber / onions / black beans **16**

**Between Bread**

*Accompanied by your choice of two*

*sides: Soup, House Salad, Frites, Sweet Potato Fries, Seasonal Fruit, Pineapple-Jalapeno Coleslaw*

**Chicken Panini**

chicken breast / smoked bacon / mozzarella / roasted tomato / spinach / focaccia **16**

**Peameal & Brie Panini N**

peppercorn crusted peameal / brie / spinach / candied pecans / roasted garlic aioli / blueberry & thyme compote / focaccia / **16**

**Veggie Panini V**

smoked tofu / roasted portobello mushroom / swiss / edamame / spinach / roasted garlic aioli / focaccia **15**

**TK Corned Beef & Swiss**

corned beef / swiss cheese / pickled cabbage / roasted garlic aioli / spinach / rye **16**

**Hummus Thyme Wrap V+**

spinach / grilled portobello mushrooms / white bean hummus / edamame / roasted tomatoes / whole wheat tortilla **15**

**Southern Fried Chicken Sandwich**

crispy chicken / smoky bourbon glaze / pineapple-jalapeno coleslaw / chipotle ranch / croissant bun **16**

**Additions**

Soup Cup... 3.25      Soup Bowl...6.15  
1 Egg .....1.50  
Side Avocado .....3.60  
Side Tomato .....2.25  
2 Slices Peppercorn Peameal .....3.00  
4 Organic Sausages GF .....6.50  
4 Slices Sugar Cured Bacon GF...4.50  
4 Slices Tofu Bacon GF V+ .....3.50  
Coconut bacon V+ GF .....4.25  
Chicken Breast GF .....6.00  
2 Slices Smoked Salmon GF .....4.00  
1 Piece Fried Chicken .....4.00

**GF = Gluten Friendly**

**V = Vegetarian**

**V+ = Vegan**

**N = Contains Nuts**

*\*Please notify your server of any allergies \**

**Thyme**  
KITCHEN

**Check out our other great locations and services @ [www.thymetogo.ca](http://www.thymetogo.ca)**

**LUNCH THYME: Mon-Fri 11am-3pm**

**519-915-2279**

**100 Ouellette Ave**

**Breakfast Sandwiches**

*Accompanied by your choice of two sides: Soup, House Salad, Frites, Sweet Potato Fries, Potato Hash, Seasonal Fruit, Pineapple-Jalapeno Coleslaw*

**Vegan BLT V+**

avocado / coconut bacon / romaine / tomato / veganise / rye **12**

**BLT**

avocado / smoked bacon / romaine / tomato / mayo / rye **12**

**Smoked Salmon Bagel**

fried egg / avocado / lemon dill cream cheese / fried capers / spinach / house made bagel **13**

**T.K Breakfast Sandwich**

egg / smoked bacon / cheddar / spinach / croissant bun **11**

**Tofu Crunch Wrap V+**

rice / tofu / roasted tomato / avocado / peppers / spinach / vegan cheese / crunchy tostada / wheat tortilla / chipotle aioli **12**

**Breakfast Thyme**

**Thymeless Classic**

2 eggs / smoked brown sugar-cured bacon / organic sausage / potato hash / seasonal fruit / toast **12**

**Active Breakfast**

2 poached eggs / avocado / peppercorn peameal / sliced tomatoes / seasonal fruit / dry multigrain toast **14**

**Vegan Active Breakfast V+**

tofu scramble/ avocado / tofu bacon / sliced tomatoes / seasonal fruit / dry multigrain toast **14**

**Keto Active Breakfast**

2 poached eggs / avocado / peppercorn peameal / sliced tomatoes / house salad **14**

**Light Fare**

**House Made English Muffin .... 2.50**

**House Made Bagel ..... 2.50**

**Bagel w/ Cream Cheese ..... 3.50**

Plain/ Lemon Dill Cream Cheese

**Toast ..... 2.00**

Rye/ White/ Multigrain/ Gluten Free

**Local Preserves .....1.00**

**Peanut Butter ..... 0.50**

**Cream Cheese ..... 1.00**

**GF = Gluten Friendly**

**V = Vegetarian**

**V+ = Vegan**

**N = Contains Nuts**

*\*Please notify your server of any allergies \**

**\*Gluten Free and Vegan Options Available for Most Items\***



**Check out our other great locations and services @ [www.thymetogo.ca](http://www.thymetogo.ca)**